

# Community Resource Catalog

Friday, December 30, 2016

## Second Judicial District

### Ames

#### Cognitive Programming

##### **Barclay and Associates**

1525 Airport Road Suite 101

Ames, Iowa 50010

Business#: 515-292-3023 Fax#:

*Fees: \$205 per 5 week group session, \$245 per 5 week individual session*

*Service Area: Boone and Story counties*

*Office Hours: Vary, call for appt.*

*Eligibility Requirements: Court ordered or staff recommendation for Anger Management.*

##### Anger Management

Barclay and Associates-Anger Management-Ames

##### **Second DCS-Ames Probation/Parole Office**

509 Main St

Ames, Iowa 50010

Business#: 515-232-1810 Fax#: 515-232-1814

*Fees: None if DOC client; BEP \$22 per session.*

*Service Areas: Boone, Carroll, Greene and Story Counties*

*Office Hours: M-F 8:00am-4:30pm*

*Eligibility Requirements: None if DOC client*

##### Cognitive Skills/Cognitive Restructuring

Day Program-Thinking for a Change-Ames

Day Program-Evaluation-Ames

Day Program-Individual Sessions-Ames

Day Program-Moving On-Ames

# Community Resource Catalog

Friday, December 30, 2016

## Education

### Des Moines Area Community College-Hunziker Center

1420 S Bell Ave

Ames, Iowa 50010

Business#: 515-663-6700

Fax#:

webmaster@dmacc.edu

*Fees: \$107 per credit hour*

*Service Area: Open to anyone who meets admission requirement (see Ankeny location for BEP services)*

*Office Hours: M-F 7:30am-4:00pm*

*Eligibility Requirements: High school diploma or equivalent*

*DENTAL SERVICES: Offers dental services at reduced prices. Provides cleaning, x-rays and sealant services (no fillings) in Ankeny. Reduced rates for Medicaid patients (\$3 each for cleanings and sealants). Call 515-964-6280 to make an appointment.*

*IOWA NEW CHOICES PROGRAM: 515-248-7520 or 800-362-2127 opt 6 x 752. Room 124, BOONE. M-Th 8:00am-4:30pm. Assists in determining career options by providing career, academic, pre-enrollment & financial counseling. Gives referrals and workshops as well as assistance for child care & transportation for eligible individuals.*

Community Educational Services

DMACC-Education-Ames

### Iowa State University

2914 Friley Hall

Ames, Iowa 50011

Business#: 515-294-4111

Fax#:

*Fees: Sliding Scale*

*Service Area: Open to anyone who meets admission criteria*

*Office Hours:*

*Eligibility Requirements: Dependent upon the year, program desired*

Community Educational Services

Iowa State University-Education-Ames

# Community Resource Catalog

Friday, December 30, 2016

## Employment

### Des Moines Area Community College-Hunziker Center

1420 S Bell Ave

Ames, Iowa 50010

Business#: 515-663-6700

Fax#:

webmaster@dmacc.edu

*Fees: \$107 per credit hour*

*Service Area: Open to anyone who meets admission requirement (see Ankeny location for BEP services)*

*Office Hours: M-F 7:30am-4:00pm*

*Eligibility Requirements: High school diploma or equivalent*

*DENTAL SERVICES: Offers dental services at reduced prices. Provides cleaning, x-rays and sealant services (no fillings) in Ankeny. Reduced rates for Medicaid patients (\$3 each for cleanings and sealants). Call 515-964-6280 to make an appointment.*

*IOWA NEW CHOICES PROGRAM: 515-248-7520 or 800-362-2127 opt 6 x 752. Room 124, BOONE. M-Th 8:00am-4:30pm. Assists in determining career options by providing career, academic, pre-entrollment & financial counseling. Gives referrals and workshops as well as assistance for child care & transportation for eligible individuals.*

#### Employment Readiness/Services

DMACC/Iowa New Choices Program-Career Assistance-Ames

### Helping Hands Temporary Service

103 E 6th St

Suite 100

Ames, Iowa 50010

Business#: 515-233-5690

Fax#:

*Employment Assistance.*

#### Employment Readiness/Services

Helping Hands Temporary Services-Employment Assistance-Ames

### Iowa Employment Solutions-DMACC

126 S Kellogg Ave

Suite 101

Ames, Iowa 50010

Business#: 515-956-2586

Fax#: 515-296-2672

*Fees: None*

*Service Area: Boone and Story Counties*

*Office Hours: M-F 8:00am-4:00pm*

*Eligibility Requirements: None*

#### Job Training

Central IA Employment & Training Consortium-Vocational/Educational-Ames

### Iowa Workforce Development Center

122 Kellogg Ave

Ames, Iowa 50010

Business#: 515-242-6240

Fax#: 515-232-0299

*Fees: None*

*Service Area: Boone and Story Counties*

*Office Hours: M-F 8:00am-4:00pm*

*Eligibility Requirements: None*

#### Employment Readiness/Services

Iowa Workforce Development-Employment Services-Ames

# Community Resource Catalog

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## Employment

### Jacobsen Staffing

222 Lincoln Way Suite 102

Ames, Iowa 50010

Business#: 515-233-1045 Fax#:

*Employment Assistance.*

Employment Readiness/Services

Jacobsen Staffing-Employment Assistance-Ames

### ManPower Temporary Service

1103 Buckeye Suite 101

Ames, Iowa 50010

Business#: 515-233-2340 Fax#:

*Employment Assistance.*

Employment Readiness/Services

ManPower Temporary Service-Employment Services-Ames

### Promise Jobs and Family Investment Program

126 S Kellogg Ave Suite 201

Ames, Iowa 50010

Business#: 515-956-2589 Fax#: 515-296-2672 Region11.Web@iwd.iowa.gov

*Fees: None*

*Service Area: Boone, Dallas, Jasper, Marion, Madison, Polk, Story, and Warren Counties*

*Office Hours: M-F 8:30am-4:30pm*

*Eligibility Requirements: Receiving Family Investment Program benefits*

Employment Readiness/Services

Promise Jobs and Family Investment Program-Employment Assistance-Ames

### QPS Employment Group

516 Lincoln Way

Ames, Iowa 50010

Business#: 515-663-0500 Fax#:

*Fees: None*

*Service Area: Open to all*

*Office Hours: M-F 8:00am-5:00pm*

*Eligibility Requirements: Some Companies seeking staff require drug testing and/or background checks.*

Employment Readiness/Services

QPS-Employment Services-Ames

### Second DCS-Curt Forbes Residential Center

111 North Sherman

Ames, Iowa 50010

Business#: 515-232-3774 Fax#: 515-232-3781

*Fees: Daily rent fee*

*Service Area: Boone, Carroll, Greene and Story Counties*

*Office Hours: open 24 hours 7 days a week*

*Eligibility Requirements: DOC client*

Employment Readiness/Services

Day Program-Employment Skills-Ames

# Community Resource Catalog

Friday, December 30, 2016

## Employment

### **Vocational Rehabilitation Services**

1525 Airport Road, Suite 102

Ames, Iowa 50010

Business#: 515-233-5753 Fax#: 515-233-3024

*Fees: none*

*Service Area: Counties: Boone, Hardin, Marshall, and Story*

*Office Hours: M-F 8:00am-4:30pm*

*Eligibility Requirements: Must have disability that cause difficulty in obtaining and/or keeping work. Must need IVRS services to go to work.*

#### Job Training

Iowa Vocational Rehabilitation-Disabled Employment/Financial Svcs-Ames

# Community Resource Catalog

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## Housing/Shelter/Subsistence Services

### **Beloit Center**

1323 Northwestern

Ames, Iowa 50010

Business#: 515-232-7262

Fax#: 515-232-7416

*Fees:*

*Service Area:*

*Office Hours:*

*Eligibility Requirements: Residential program for children age 5-15*

#### Subsistence Services

Beloit Residential Center-Juvenile Housing-Ames

### **Bethesda Lutheran Church**

1517 Northwestern Ave

Ames, Iowa 50010

Business#: 515-232-6256

Fax#:

*Fees: None*

*Service Area: Ames*

*Office Hours: Food Pantry: M/W 9:00am-11:00am; Tu/Th 1:00pm-3:00pm; Tu 6:30pm-8:00pm*

*Eligibility Requirements: Food Pantry: Can be visited once a month. Photo ID required. Use west entrance.*

*CLOTHES: M 9:30am-11:am; Tues 6:30pm-8:00pm; Enter through church basement. Bring photo ID. Clothing only.*

#### Subsistence Services

Bethesda Lutheran Church-Food Pantry-Ames

Bethesda Lutheran Church-Clothes Closet-Ames

### **Beyond Welfare**

130 Sheldon, Suite 302

Ames, Iowa 50010

Business#: 515-292-5992

Fax#:

*Fees: None*

*Service Area: Ames and surrounding communities*

*Office Hours: call for an appointment*

*Eligibility Requirements: Provides assistance with transportation, food and nutrition, housing, job development, child care, family partners & circles of support through their Community Leadership Team.*

#### Subsistence Services

Beyond Welfare-Subsistence Services-Ames

### **Birthright of Ames**

108 Hayward Ave

PO Box 52

Ames, Iowa 50010

Business#: 515-292-8414

Fax#:

birthrightames@hotmail.com

*Fees: None*

*Service Area: Story County*

*Office Hours: Call for appointment*

*Eligibility Requirements: None*

#### Subsistence Services

Birthright-Subsistence Services-Ames

Birthright of Ames-Maternity & Baby Clothes-Ames

# Community Resource Catalog

Friday, December 30, 2016

## Housing/Shelter/Subsistence Services

### **Butterfly House**

325 S Walnut

Ames, Iowa 50010

Business#: 515-460-4934

Fax#:

donnagladon@yahoo.com

*Fees: Program Fee*

*Service Area: Ames*

*Office Hours: Call for appointment*

*Eligibility Requirements: Faith Based*

#### Subsistence Services

Butterfly House-Women Housing Program-Ames

### **Calvary United Methodist Church**

1403 24th St

Ames, Iowa 50010

Business#: 515-232-6329

Fax#:

*Fees: None*

*Service Area: Ames*

*Office Hours: Tuesday 2:00pm-3:00pm*

*Eligibility Requirements: Can be visited once a month.*

#### Subsistence Services

Calvary United Methodist Church-Food Pantry-Ames

### **City of Ames**

515 Clark Ave

Room 214

Ames, Iowa 50010

Business#: 515-239-5400

Fax#:

*INFORMATION: Provides a qualified renter with up to \$1,200 to assist with one of the following: rental security deposit, first month's rent, and/or utility deposits. Also provides some assistance with transportation for Ames residents. Provides loans for minor home repairs and assistance for first time homebuyers. Applications are available at City Hall or online at [www.city.ames.ia.us/housingweb/Default.htm](http://www.city.ames.ia.us/housingweb/Default.htm)*

#### Subsistence Services

City of Ames-Rent Assistance-Ames

### **Clothing That Works**

130 S Sheldon

Suite 305

Ames, Iowa 50010

Business#: 515-232-6064

Fax#:

*Fees: None*  
*Service Area: No limit*  
*Office Hours: Mon 11:00am-1:00pm, Thurs 5:00pm-7:00pm, Third Saturday of month 11:00am-1:00pm*  
*Eligibility Requirements: Referred by an agency or church*

#### Subsistence Services

Clothing That Works-Suited for Work Clothing-Ames

# Community Resource Catalog

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## Housing/Shelter/Subsistence Services

### **Community Services**

126 So Kellogg Ave Suite 201

Ames, Iowa 50010

Business#: 515-382-7290 Fax#:

*Fees: None*

*Service Area: Story County (does not assist students)*

*Office Hours: M-F 8:00am-4:30pm*

*Eligibility Requirements:*

*RENT/UTILITIES: Helps with current rent or utility bills when funds are available.*

*VETERAN'S AFFAIRS: Provides assistance to eligible veterans and/or family members who were discharged under honorable condition.*

*FURNITURE BANK: Must provide own transportation for furniture. No appliances. Income guidelines apply. Students are not eligible.*

*IOWACARE: Suite 101; Contact Krissy 515-268-2275; Provides hospital and physician services for people with limited income who are not eligible for Title 19.*

### Subsistence Services

Community Services-Furniture Bank-Nevada

Community Services-Commission of Veteran's Affairs-Ames

Community Services-Rent/Utility Assistance-Nevada

Community Services-IowaCare Medical-Ames

### **Department of Transportation**

3709 Lincoln Way West Hy-Vee Plaza

Ames, Iowa 50014

Business#: 515-296-2393 Fax#: 515-296-4889

*Fees: Various*

*Service Area: Story County*

*Office Hours: Mon-Closed, Tu-8:30am-6:00pm, Wed-Fri-8:30am-5:00pm, Sat-8:00am-1:00pm*

*Eligibility Requirements: 14 years or older; Show proof of required ID's*

### Subsistence Services

Iowa Department of Transportation/Drivers License Station-Ames

### **Emergency Resident Project (ERP)**

225 S Kellogg Ave

Ames, Iowa 50010

Business#: 515-232-8075 Fax#: erp@midiaowa.net

*Fees: None in Homeless Shelter; Transitional Housing Program rent according to Federal guidelines*

*Service Area: None required; services are provided in Ames*

*Office Hours: Call for appointment*

*Eligibility Requirements: No strict requirements; generally serves low income families with no housing*

### Subsistence Services

Emergency Resident Project-Shelter Services-Ames



# Community Resource Catalog

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## Housing/Shelter/Subsistence Services

### **First Evangelical Free Church**

2008 24th St

Ames, Iowa 50010

Business#: 515-232-2765 Fax#:

*Fees: None*

*Service Area: Ames*

*Office Hours: Tues 2:00pm-4:00pm; Wed 1:00pm-3:00pm*

*Eligibility Requirements: Must live in Ames and provide photo ID with current address. Can be visited every other month for 3 times total in 6 months, then once every 6 months. Does not provide vouchers.*

#### Subsistence Services

First Evangelical Free Church-Food Pantry-Ames

### **Good Neighbor Emergency Assistance**

508 Kellogg Ave

Ames, Iowa 50010

Business#: 515-296-1449 Fax#:

*Fees: None*

*Service Area: Ames*

*Office Hours: M-F 9:00am-Noon; or call for an appointment*

*Eligibility Requirements: Food vouchers available for eggs, milk, cheese and fresh produce.*

#### Subsistence Services

Good Neighbor Emergency Assistance-Rent/Utility Assistance-Ames

Good Neighbor Emergency Assistance-Food Vouchers-Ames

### **Goodwill Industries**

3718 Lincoln Way

Ames, Iowa 50010

Business#: Fax#:

*Fees: reduced prices*

*Service Area: open to all*

*Office Hours: open daily*

*Eligibility Requirements: None*

*\*\*\*Clothing, furniture, household items, etc for purchase.*

#### Subsistence Services

Goodwill Industries-Subsistence Services-Ames

### **Grand Avenue Baptist Church**

612 24th St

Ames, Iowa 50010

Business#: 515-232-8803 Fax#:

*Fees: None*

*Service Area: Ames*

*Office Hours: Call to schedule an appointment with the on call person.*

*Eligibility Requirements: call the on call person.*

#### Subsistence Services

Grand Avenue Baptist Church-Food Pantry-Ames

# Community Resource Catalog

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## Housing/Shelter/Subsistence Services

### **Harvest Vineyard Church/The Help Center**

1627 So High Ave

Ames, Iowa 50010

Business#: 515-232-3074 Fax#:

*Fees: None*

*Service Area: Story County*

*Office Hours: W 3:00pm-5:00pm; F 4:00pm-6:00pm*

*Eligibility Requirements: Provides bread and other food items. Clothing & books.*

#### Subsistence Services

Harvest Vineyard Church/The Help Center-Food Pantry-Ames

Harvest Vineyard Church/The Help Center-Clothing-Ames

### **Hawk-I (Children's Health Insurance)**

Ames, Iowa 50010

Business#: 800-257-8563 Fax#:

*Information: [www.hawk-i.org](http://www.hawk-i.org). 800-257-8563 (TDD 1-888-422-2319) No-cost or low-cost health insurance for children 19 & under. Application required. Children must be uninsured, ineligible for Title 19, Iowa residents and US citizens or lawfully admitted resident aliens. Income guidelines apply. Covers the following services: doctor visits, in & out patient hospital care, prescriptions, speech therapy, hearing services, chiropractic care, well-child visits, vaccines/shots, emergencies, surgery, dental care, vision services, mental health & substance abuse care.*

#### Subsistence Services

Hawk-I-Children's Health Insurance-Ames

### **Homeward**

117 11th Street

Ames, Iowa 50010

Business#: 515-239-6730 Fax#: 515-233-7556

*Fees: Offers a sliding fee scale for many programs. Accepts Medicare, Medicaid, and VA insurance.*

*Service Area: 50 mile radius of Ames*

*Office Hours: M-F 8:00am-4:30pm*

*Eligibility Requirements: some skilled services require a doctor's order.*

#### Subsistence Services

Homeward-Medical-Ames

### **Iowa Family Investment Program**

126 S Kellogg Suite 101

Ames, Iowa 50010

Business#: 515-292-2035 Fax#: 515-296-2672 [cstory01@dhs.state.ia.us](mailto:cstory01@dhs.state.ia.us)

*Fees: None*

*Service Area: Story County*

*Office Hours: M-F 8:00am-4:30pm*

*Eligibility Requirements: US Citizen/Legal alien, Live in Iowa, Have minor children in home, Income Requirements*

#### Subsistence Services

Iowa Family Investment Program-Subsistence Services-Ames

# Community Resource Catalog

Friday, December 30, 2016

## Housing/Shelter/Subsistence Services

### Living with HIV Program

Ames, Iowa 50010

Business#: 800-890-8230 Fax#:

*Fees: unknown*

*Service Area: Boone and Story Counties*

*Call for Office Hours, Office Location and Eligibility Requirements*

*Information: 515-956-3312 or 800-890-8230; HIV case management support: referrals to doctors, enrollment in prescription drug programs, info on testing sites, assistance with applying for Medicaid & Social Security, monthly support groups. Completely confidential*

#### Subsistence Services

Living with HIV Program-Case Management-Ames

### Mid-Iowa Community Action (MICA)

126 South Kellogg, Suite 201

Ames, Iowa 50010

Business#: 515-956-3333 Fax#:

*Fees: None*

*Service Area: Counties: Hardin, Marshall and Story*

*Office Hours: M-F 9:00am-5:00pm*

*Eligibility Requirements: based on income*

*FOOD PANTRY: 515-956-3333; M-F 8:30am-5:00pm; Can be visited once every two months. Must show current photo ID.*

*RENT/UTILITY ASSISTANCE: May be able to help with utilities in danger of disconnection, depending on funds. Need disconnection notice and copy of most recent bill; provide proof of income for last 90 days. May be able to help with furnace repairs and replacements. Nov 1-Apr 15: Non Emergency Energy Assistance. Call for appointment.*

*TELEPHONE ASSISTANCE PROGRAM: Provides a credit on your phone bill each month or reduced connection fees for first-time hook ups. Must complete application; eligibility based on enrollment in other programs.*

*FaDss(Family Development and Self-Sufficiency Program) Helps families who are receiving public assistance leave welfare behind with the partnership of a Family Development Specialist. Contact MICA for families with head of household 26 years or older. Contact YSS for families with head of household under 26.*

#### Subsistence Services

MICA-Family Development and Self-Sufficiency Program-Ames

MICA-Food Pantry-Ames

MICA-Rent/Utility Assistance-Ames

MICA-Telephone Assistance Program-Ames

### Planned Parenthood of Greater Iowa

2530 Chamberlain St

Ames, Iowa 50010

Business#: 515-292-1000 Fax#: 515-292-5340

*Fees: Donation to Iowa Family Planning / Sliding scale*

*Service Area: Story County and surrounding area*

*Office Hours: Mon 10am-5pm, Tues 12pm-8pm, Wed 12pm-7pm, Thurs 9am-4pm, Fri 9am-5pm,*

*Second Saturday of every month 10am-2pm*

*Eligibility Requirements: None*

*Information: Offers confidential reproductive health care services.*

#### Subsistence Services

Planned Parenthood of Greater Iowa-Medical-Ames

# Community Resource Catalog

Friday, December 30, 2016

## Housing/Shelter/Subsistence Services

### **Primary Health Care, Inc.**

2353 SE 14th St                      Actually in Des Moines IA

Ames, Iowa 50010

Business#: 515-248-1447              Fax#:

*Information: We are a nonprofit community health center dedicated to serving the medically insured, uninsured and underinsured with their health care needs. We strive to find and successfully treat medical conditions before they become serious enough to require hospitalization or emergency treatment. We also provide follow-up, continuity of care, pharmacy assistance, and supportive services to help patients in need. Through case management and social work advocacy, we work to assure that our clients have greater access to resources in the community.*

#### Subsistence Services

Primary Health Care-Medical Services-Ames

Primary Health Care-Medical Services-Marshalltown

### **Red Cross of Story, Boone & Greene Counties**

426 5th St

Ames, Iowa 50010

Business#: 515-232-5104              Fax#: 515-232-5675              chapter@lincolnwayarc.org

*Fees: Sliding scale*

*Service Area: Boone, Greene, and Story Counties*

*Office Hours: M-F 8:30am-5:00pm*

*Eligibility Requirements: None*

#### Subsistence Services

Red Cross of Story, Boone & Greene Counties-Subsistence Services-Ames

### **Salvation Army**

207 S Duff Ave

Ames, Iowa 50010

Business#:                                      Fax#:

*Fees: varies per service*

*Service Area: Story County*

*Office Hours: M-Sat 10:00am-8:00pm*

*Eligibility Requirements: None*

*\*\*Clothing, furniture, household items, etc. for purchase.*

#### Subsistence Services

Salvation Army-Subsistence Services-Ames

### **Seventh Day Adventist Church**

Ames, Iowa 50010

Business#: 515-232-0472              Fax#:

*Fees: None*

*Service Area: Story County*

*Office Hours: call to schedule an appointment and ADDRESS WILL BE PROVIDED.*

*Eligibility Requirements: Proof of income is required.*

#### Subsistence Services

Seventh Day Adventist Church-Food Pantry-Ames

# Community Resource Catalog

Friday, December 30, 2016

## Housing/Shelter/Subsistence Services

### **SHARE Iowa-Ames**

113 Colorado Ave

Ames, Iowa 50010

Business#: 515-292-8890

Fax#: 515-292-9202

rsvp@isunet.net

*Fees: Cost varies per package*

*Service Area: Story County*

*Office Hours: M-F 7:30am-3:30pm*

*Eligibility Requirements: You must volunteer for 2 hours.*

*FOOD PANTRY: call 515-268-5323 (Heartland Senior Services, part of SHARE Iowa)*

*Provides discounted monthly food packages. Can pay with cash or food stamps. Must volunteer for 2 hours in the community (or own family member) that month.*

#### Subsistence Services

SHARE Iowa-Food Packages-Ames

SHARE Iowa-Subsistence Services-Ames

### **Social Security Administration**

600 5th Street

Suite 100

Ames, Iowa 50010

Business#: 800-772-1213

Fax#:

*Fees: None*

*Service Area: Boone and Story Counties*

*Office Hours: M-F 9:00am-4:00pm*

*Eligibility Requirements: When you work & pay Social Security taxes, you earn credits to qualify for retirement, survivors & disability benefits. SSI is a needs based program & you must be age 65 or older or disabled with income and resources under the eligibility guidelines.*

#### Subsistence Services

Social Security Administration-Subsistence Services-Ames

### **St. Thomas Aquinas Catholic Church**

2210 Lincoln Way

Ames, Iowa 50010

Business#: 515-292-3810

Fax#:

*Fees: None*

*Service Area: Ames*

*Office Hours: Call for an appointment.*

*Eligibility Requirements: Denials from MICA and Community Services required.*

#### Subsistence Services

St. Thomas Aquinas Catholic Church-Housing Assistance-Ames

### **Story County Community Housing Corp.**

130 So Sheldon

Ames, Iowa 50010

Business#: 515-292-3676

Fax#:

*Fees: unknown*

*Service Area: Story County*

*Office Hours: M-F 8:30am-4:30pm*

*Eligibility Requirements: low-income families*

*INFORMATION: provides homeownership opportunities and affordable rental housing.*

#### Subsistence Services

Story County Community Housing Corp.-Housing Assistance-Ames

# Community Resource Catalog

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## Housing/Shelter/Subsistence Services

### **Story County Community Services**

126 South Kellogg Ave Suite 201

Ames, Iowa 50010

Business#: 515-382-7290 Fax#: 515-382-7293

*Fees: No fee to apply for services; Other services based on income*

*Service Area: Story County*

*Office Hours: M-F 8:00am-4:30pm*

*Eligibility Requirements: Story County Resident*

*DENTAL CLINIC: in the basement; 515-956-4595; Hours: M 9:00am-6:30pm; T-Th 8:00am-5:30pm. Age 5 and over. Available to those with Medicaid and low-income uninsured families. This is NOT A FREE CLINIC. Uninsured families will pay discounted dental rates and those with Medicare will pay a co-pay.*

#### Subsistence Services

Story County Community Services-Dental Clinic-Ames

### **United Church of Christ**

516 Kellogg Ave

Ames, Iowa 50010

Business#: 515-232-2750 Fax#:

*Fees: None Service Area: Ames Office Hours: see below. Eligibility Requirements:*

*None FOOD AT FIRST: Sun, M, Tu, Th, Fri 5:30pm-6:15pm; Sat 11:30am-12:15pm FREE*

*MEDICAL CLINIC: 508 Kellogg Ave; 515-598-4341. Thur 6:00pm-8:00pm. Arrive by 5:00pm in order to put your name on the list. First come, first served. No appointment needed.*

*Basic healthcare to uninsured and underinsured individuals and families regardless of age, gender, race, religion, sexual orientation or ethnicity.*

#### Subsistence Services

United Church of Christ-Free Medical Clinic-Ames

United Church of Christ/Food at First-Free Meals-Ames

### **Veterans Affairs of Story County**

126 Kellogg

Ames, Iowa 50010

Business#: 515-382-7292 Fax#:

*Fees:*

*Service Area: Story County*

*Office Hours: call for appointment*

*Eligibility Requirements: See [www.va.gov](http://www.va.gov) for more information*

#### Subsistence Services

Story County Veteran's Affairs-Veteran's Assistance-Ames

### **Women, Infants, and Children (WIC)**

126 S Kellogg Ave Suite 1

Ames, Iowa 50010

Business#: 515-956-3312 Fax#: 515-956-3310

*Fees: None*

*Service Area: Benton, Boone, Hardin, Marshall, and Story Counties*

*Office Hours: M-Th 8:30am-4:00pm, Fri 8:00am-4:00pm*

*Eligibility Requirements: Depends on Income*

*Information: Nutrition and food supplemental program for expecting and nursing mothers & children under 5. WIC dietitians provide parents with general health services and families can receive assistance in purchasing foods high in nutrition. Nutrition classes held monthly. Assists in nutrition classes, health screenings, prenatal education, maternal health, dental hygiene, post-partum care.*

# Community Resource Catalog

Friday, December 30, 2016

## Housing/Shelter/Subsistence Services

### **Women, Infants, and Children (WIC)**

126 S Kellogg Ave Suite 1  
Ames, Iowa 50010  
Business#: 515-956-3312 Fax#: 515-956-3310

*Fees: None*

*Service Area: Benton, Boone, Hardin, Marshall, and Story Counties*

*Office Hours: M-Th 8:30am-4:00pm, Fri 8:00am-4:00pm*

*Eligibility Requirements: Depends on Income*

*Information: Nutrition and food supplemental program for expecting and nursing mothers & children under 5. WIC dietitians provide parents with general health services and families can receive assistance in purchasing foods high in nutrition. Nutrition classes held monthly. Assists in nutrition classes, health screenings, prenatal education, maternal health, dental hygiene, post-partum care.*

#### Subsistence Services

Women, Infants, and Children-Ames

### **Youth and Shelter Services**

420 Kellogg Ave  
Ames, Iowa 50010-1628  
Business#: 515-233-3141 Fax#: 515-233-2440

*Fees: Vary (will not deny services due to inability to pay)*

*Service Area: Boone, Dallas, Greene, Hamilton, Humboldt, Marshall, Polk, Story, and Wright Counties*

*Office Hours: M-F 8:30am-5:00pm*

*Eligibility Requirements: None*

*FaDss(Family Development and Self-Sufficiency Program) Helps families who are reciving public assistance leave welfare behind with the partnership of a Family Development Specialist. Contact MICA for familes with head of household 26 years or older. Contact YSS for families with head of household under 26.*

#### Subsistence Services

Youth & Shelter Services-Family Development & Self-Sufficiency Program-Ames

## Iowa Domestic Abuse Program

### **Second DCS-Ames Probation/Parole Office**

509 Main St  
Ames, Iowa 50010  
Business#: 515-232-1810 Fax#: 515-232-1814

*Fees: None if DOC client; BEP \$22 per session.*

*Service Areas: Boone, Carroll, Greene and Story Counties*

*Office Hours: M-F 8:00am-4:30pm*

*Eligibility Requirements: None if DOC client*

#### IDAP Individual Counseling

IDAP Individual Counseling-Ames

#### IDAP Intake

IDAP Intake-Ames

#### IDAP Treatment Group

ACTV: Achieving Change through Value-Based Behavior-Ames

IDAP-Moving On-Ames

Day Program-ACTV/Men-Ames



# Community Resource Catalog

Friday, December 30, 2016

## Life Skills

### Assault Care Center Extending Shelter & Support

PO Box 1429

Ames, Iowa 50010

Business#: 515-292-0500 Fax#: 515-292-0505 access@assaultcarecenter.org

*Fees: None*

*Service Area: Boone, Greene, and Story Counties*

*Office Hours: M-F 9:00am-5:00pm; 24 hour shelter in Ames*

*Eligibility Requirements: None*

#### Personal Development

ACCESS Women's Shelter-Individual Counseling-Ames

### Butterfly House

325 S Walnut

Ames, Iowa 50010

Business#: 515-460-4934 Fax#: donnagladon@yahoo.com

*Fees: Program Fee*

*Service Area: Ames*

*Office Hours: Call for appointment*

*Eligibility Requirements: Faith Based*

#### Personal Development

Butterfly House-Winner's Circle-Ames

### Catholic Charities of Archdiocese of Dubuque

2210 Lincoln Way

Ames, Iowa 50014

Business#: 515-296-2759 Fax#: 515-292-3841 DBQCCCAmes@arch.pvt.k12.ia.

*Fees: sliding scale*

*Service Area: Counties: Boone, Hamilton, Marshall, Story, Tama*

*Office Hours: M: 9:00a-8:00p; Tu-Fri; 9:00am-5:30p*

*Eligibility Requirements: none*

#### Family Support/Relationships/Child Abuse Servi

Catholic Charities Arch of Dubuque-Family Support/Child Abuse Services-Ames

### Center for Childcare Resources

100 University Village

Ames, Iowa 50011

Business#: 515-294-8833 Fax#: 515-294-1049 jbaumeis@iastate.edu

*Fees: Free for Parents*

*Service Area: Boone, Dallas, Hardin, Jasper, Madison, Marion, Marshall, Polk, Story, and Warren Counties*

*Office Hours: M-F 8:30am-5:00pm*

*Eligibility Requirements: None*

#### Family Support/Relationships/Child Abuse Servi

Center for Childcare Resources-Family Support Services-Ames

### Center for Creative Justice

210 Lynn Ave

Ames, Iowa 50014

Business#: 515-292-3820 Fax#: 515-292-1223 ccj@creativejustice.org

*Fees: Probation/Supervision fees*

*Service Area: Story County*

*Office Hours: M-F 8:00am-5:00pm*

*Eligibility Requirements: On Probation*



# Community Resource Catalog

Friday, December 30, 2016

## Life Skills

### Center for Creative Justice

210 Lynn Ave

Ames, Iowa 50014

Business#: 515-292-3820 Fax#: 515-292-1223 ccj@creativejustice.org

*Fees: Probation/Supervision fees*

*Service Area: Story County*

*Office Hours: M-F 8:00am-5:00pm*

*Eligibility Requirements: On Probation*

Family Support/Relationships/Child Abuse Servi

Center for Creative Justice-Family Support Services-Ames

### Consumer Credit Counseling

1608 S Duff Ave

Ames, Iowa 50010

Business#: 515-296-1968 Fax#: N/A ames@cccsia.org

*Fees: None*

*Service Area: Counties: Story, Boone, Carroll*

*Office Hours: M-F 9:00am-5:00pm*

*Eligibility Requirements: None*

Personal Development

Consumer Credit Counseling-Financial Management-Ames

### Department of Human Services

126 South Kellogg Suite 101

Ames, Iowa 50010

Business#: 515-292-2035 Fax#: 515-296-2672 cstory01@dhs.state.ia.us

*Fees: none*

*Service Area: Story County*

*Office Hours: M-F 8:00am-4:30pm*

*Eligibility Requirements: varies per program*

Family Support/Relationships/Child Abuse Servi

Dept. of Human Services-Family Support/Child Abuse Services-Ames

### Family Development and Self Sufficiency (FaDSS)

230 SE 16th Street

Ames, Iowa 50010

Business#: 515-956-3333 Fax#: 515-956-3309

*Fees: NoneService Area: Boone, Story, Office Hours: M-F 8:30am-4:30pmEligibility*

*Requirements: Receiving assistance (Welfare), age requirements*

Family Support/Relationships/Child Abuse Servi

FaDSS-Family Support/Child Abuse Services-Ames

### Heartland Area Education Agency

511 South 17 Avenue

Ames, Iowa 50010

Business#: 515-232-7583 Fax#: 515-233-1818

*Fees: None*

*Service Area: Boone & Story Counties*

*Office Hours: M-F 8:00am-4:30pm*

*Eligibility Requirements: 0-20 years of age.*

Family Support/Relationships/Child Abuse Servi

Heartland Area Education Agency-Family Support Services-Ames

# Community Resource Catalog

Friday, December 30, 2016

## Life Skills

### Iowa State University Couple & Family Therapy Clnic

4380 Palmer Building

Ames, Iowa 50011

Business#: 515-294-0534 Fax#: 515-294-5464 mjmurphy@iastate.edu

*Fees: Sliding fee scale - minimum \$10 per session*

*Service Area: Story and surrounding counties; citizens of Central Iowa*

*Office Hours: M-F 8:00am-9:00pm*

*Eligibility Requirements: None; Note: Therapists are students enrolled in the ISU Couple and Family Therapy Program; they receive close supervision by Licensed Marital and Family Therapists.*

Family Support/Relationships/Child Abuse Servi

ISU-Couple and Family Therapy-Ames

### Iowa State University Financial Counseling Clinic

4380 Palmer Bldg, Suite

1331

Ames, Iowa 50011

Business#: 515-294-9533 Fax#: 515-294-5464 hdfsw@iastate.edu

*Fees: Sliding Fee Scale*

*Service Area: Story County and surrounding areas*

*Office Hours: M-F 8:00am-5:00pm*

*Eligibility Requirements: None*

Personal Development

ISU Financial Counseling Clinic-Financial Management-Ames

### Lutheran Social Services

1323 Northwestern Ave

Ames, Iowa 50010

Business#: 515-232-7262 Fax#: 515-232-7416 lsiowa@lsiowa.org

*Fees: None*

*Service Area: All 99 Counties*

*Office Hours:*

*Eligibility Requirements:*

Family Support/Relationships/Child Abuse Servi

Lutheran Social Services-Family Support/Child Abuse Services-Ames

### Margaret Sloss Women's Center

205 Sloss House

Iowa State University

Ames, Iowa 50011

Business#: 515-294-4154 Fax#: 515-294-6104 womenctr@iastate.edu

*Fees: None*

*Service Area: Iowa State Students, Faculty, and Community*

*Office Hours: M-F 8:00am-5:00pm*

*Eligibility Requirements: None*

Personal Development

Margaret Sloss Women's Center-Iowa State University-Ames

# Community Resource Catalog

Friday, December 30, 2016

## Life Skills

### Mid-Iowa Community Action (MICA)

126 South Kellogg, Suite 201

Ames, Iowa 50010

Business#: 515-956-3333 Fax#:

Fees: None

Service Area: Counties: Hardin, Marshall and Story

Office Hours: M-F 9:00am-5:00pm

Eligibility Requirements: based on income

FOOD PANTRY: 515-956-3333; M-F 8:30am-5:00pm; Can be visited once every two months. Must show current photo ID.

RENT/UTILITY ASSISTANCE: May be able to help with utilities in danger of disconnection, depending on funds. Need disconnection notice and copy of most recent bill; provide proof of income for last 90 days. May be able to help with furnace repairs and replacements. Nov 1-Apr 15: Non Emergency Energy Assistance. Call for appointment.

TELEPHONE ASSISTANCE PROGRAM: Provides a credit on your phone bill each month or reduced connection fees for first-time hook ups. Must complete application; eligibility based on enrollment of other programs.

FaDss(Family Development and Self-Sufficiency Program) Helps families who are receiving public assistance leave welfare behind with the partnership of a Family Development Specialist. Contact MICA for families with head of household 26 years or older. Contact YSS for families with head of household under 26.

Family Support/Relationships/Child Abuse Services

MICA-Family Support/Child Abuse-Ames

### National Alliance for Mentally Ill of Central IA

103 S Sheldon Ave

Suite 306

Ames, Iowa 50010

Business#: 515-292-9400

Fax#:

director@namiofci.org

Fees: None

Service Area: Story County and surrounding areas

Office Hours: call for an appointment

Eligibility Requirements: None

Information: Provides education, support and advocacy for persons with mental illness and their family members. Educational classes & weekly support group in Ames.

Family Support/Relationships/Child Abuse Services

Alliance for Mentally Ill of Central IA-Family Support Services-Ames

### Optima Life Services

104 S Hazel

Ames, Iowa 50010

Business#: 515-956-2600

Fax#:

Fees: Jail Diversion services are paid for through the regional community services; other services are funded through Medicaid or the region, occasionally clients do have to pay those on a sliding scale but never for Jail diversion

Service Area: Story, Dallas, Polk,

Jasper, Warren

Office Hours: M-F 8:00am-4:00pm

Eligibility Requirements: Over 18 and have a documented disability or mental illness; and recent or current criminal charges for Jail

Diversion

Personal Development

Optima Life Services-Miscellaneous Services-Ames

# Community Resource Catalog

Friday, December 30, 2016

## Life Skills

### People Place-United Church of Christ

219 6th St

Ames, Iowa 50010

Business#: 515-233-1677

Fax#: 515-233-9509

*Fees: Varies*

*Service Area: Story County*

*Office Hours: M-F 9:00am-3:00pm*

*Eligibility Requirements: Be a parent or grandparent*

Family Support/Relationships/Child Abuse Servi

People Place-Parenting Skills-Ames

### Richmond Center

125 S 3rd St

Suite 200

Ames, Iowa 50010

Business#: 800-830-7009

Fax#: 515-232-7491

omgr@midiowa.net

*Fees: Sliding scale, Accepts most insurances including Title 19 and Medicare*

*Service Area: Boone, Carroll, Green and Story Counties*

*Office Hours: Mon 8am-8pm, Tues/Wed/Thurs 8am-6pm, Fri 8am-4pm*

*Eligibility Requirements: None*

Family Support/Relationships/Child Abuse Servi

Richmond Center-Family Support Services-Ames

### Story County Community Services

126 South Kellogg Ave

Suite 201

Ames, Iowa 50010

Business#: 515-382-7290

Fax#: 515-382-7293

*Fees: No fee to apply for services; Other services based on income*

*Service Area: Story County*

*Office Hours: M-F 8:00am-4:30pm*

*Eligibility Requirements: Story County Resident*

*DENTAL CLINIC: in the basement; 515-956-4595; Hours: M 9:00am-6:30pm; T-Th 8:00am-5:30pm. Age 5 and over. Available to those with Medicaid and low-income uninsured families. This is NOT A FREE CLINIC. Uninsured families will pay discounted dental rates and those with Medicare will pay a co-pay.*

Family Support/Relationships/Child Abuse Servi

Story County Community Services-Family Support Services-Ames

### Youth and Shelter Services

420 Kellogg Ave

Ames, Iowa 50010-1628

Business#: 515-233-3141

Fax#: 515-233-2440

*Fees: Vary (will not deny services due to inability to pay)*

*Service Area: Boone, Dallas, Greene, Hamilton, Humboldt, Marshall, Polk, Story, and Wright Counties*

*Office Hours: M-F 8:30am-5:00pm*

*Eligibility Requirements: None*

*FaDss(Family Development and Self-Sufficiency Program) Helps families who are receiving public assistance leave welfare behind with the partnership of a Family Development Specialist. Contact MICA for families with head of household 26 years or older. Contact YSS for families with head of household under 26.*

Family Support/Relationships/Child Abuse Servi

Youth & Shelter Services-Family Support/Child Abuse-Ames

Personal Development

# Community Resource Catalog

Friday, December 30, 2016

## Life Skills

### Youth and Shelter Services

420 Kellogg Ave

Ames, Iowa 50010-1628

Business#: 515-233-3141 Fax#: 515-233-2440

*Fees: Vary (will not deny services due to inability to pay)*

*Service Area: Boone, Dallas, Greene, Hamilton, Humboldt, Marshall, Polk, Story, and Wright Counties*

*Office Hours: M-F 8:30am-5:00pm*

*Eligibility Requirements: None*

*FaDss(Family Development and Self-Sufficiency Program) Helps families who are receiving public assistance leave welfare behind with the partnership of a Family Development Specialist. Contact MICA for families with head of household 26 years or older. Contact YSS for families with head of household under 26.*

Youth & Shelter Services-PAL Program-Ames

# Community Resource Catalog

Friday, December 30, 2016

## Mental Health

### **Barclay and Associates**

1525 Airport Road Suite 101

Ames, Iowa 50010

Business#: 515-292-3023 Fax#:

*Fees: \$205 per 5 week group session, \$245 per 5 week individual session*

*Service Area: Boone and Story counties*

*Office Hours: Vary, call for appt.*

*Eligibility Requirements: Court ordered or staff recommendation for Anger Management.*

#### Mental Health Evaluation

Barclay and Associates-Mental Health Evaluation-Ames

#### Mental Health Treatment

Barclay and Associates-Mental Health Counseling-Ames

### **Catholic Charities of Archdiocese of Dubuque**

2210 Lincoln Way

Ames, Iowa 50014

Business#: 515-296-2759 Fax#: 515-292-3841 DBQCCCAmes@arch.pvt.k12.ia.

*Fees: sliding scale*

*Service Area: Counties: Boone, Hamilton, Marshall, Story, Tama*

*Office Hours: M: 9:00a-8:00p; Tu-Fri; 9:00am-5:30p*

*Eligibility Requirements: none*

#### Mental Health Treatment

Catholic Charities of Archdiocese of Dubuque-Mental Health Counseling-Ames

### **Central Iowa Psychological Services**

3600 West Lincoln Way

Ames, Iowa 50014

Business#: 515-239-4410 Fax#: 515-663-4885

*Fees: Evaluations-\$250; Sessions-1st hr. \$250, \$152.50 per 45 min. after; Testing-\$182 per*

*hrService Area: Clients accepted from anywhereOffice Hours: Mon-Fri 8:00am-*

*5:00pmEligibility Requirements: None; no insurance accepted*

#### Mental Health Evaluation

Central Iowa Psychological Services-Mental Health Evaluation-Ames

### **Creative Counseling Services**

208 5th St. Suite 103

Ames, Iowa 50010

Business#: 515-233-1699 Fax#: 515-233-2957

*Fees: Evaluations-\$125, Individual Appts.-\$110/per hour, 90 minute groups are \$82.50, insurance accepted.*

*Service Area: No restrictions.*

*Office Hours: 8:00AM-5:00PM, Mon-Fri*

*Eligibility Requirements: Recommended for Extended Out-Patient treatment or Continuing Care.*

#### Mental Health Evaluation

Creative Counseling Services-Mental Health Evaluation-Ames

#### Mental Health Treatment

Creative Counseling Services-Mental Health Continuing Care Treatment-Ames

Creative Counseling Services-Mental Health Outpatient Treatment-Ames

# Community Resource Catalog

Friday, December 30, 2016

## Mental Health

### Eyerly Ball Mental Health

2521 University Blvd. Suite 121

Ames, Iowa 50014

Business#: 515-598-3300 Fax#:

*Fees: \$165/unit for therapy intake, \$200.44/unit for medications intake, meds check \$104.86 per unit; group \$107.44 per unit. They have a sliding scale fee and accept Medicaid/Medicare but no private insurance (at this time).*

*Service Area: Boone and Story counties*

*Office Hours: Monday-Friday, 8:00AM to 4:30PM; Doctor on site Monday-Thursday, 8:00AM to 6:00PM*

*Eligibility Requirements: Mental Health referral*

**24 HOUR CRISIS PHONE: 515-290-3642**

#### Mental Health Evaluation

Eyerly Ball Mental Health-Mental Health Evaluation-Ames

#### Mental Health Medication

Eyerly Ball Mental Health-Medication Management-Ames

#### Mental Health Treatment

Eyerly Ball Mental Health-Mental Health Treatment-Ames

Eyerly Ball Mental Health-Mental Health Outpatient Treatment-Ames

### Fifth Street Mental Health Professionals

600 5th Street

Ames, Iowa 50010

Business#: 515-232-2051 Fax#: 515-232-2775

*Fees: Varies per service*

*Service Area: Ames and surrounding areas*

*Office Hours: M-F 8:00am-6:00pm*

*Eligibility Requirements: None*

#### Mental Health Treatment

Fifth Street Mental Health Professionals-Mental Health Treatment-Ames

### National Alliance for Mentally Ill of Central IA

103 S Sheldon Ave Suite 306

Ames, Iowa 50010

Business#: 515-292-9400 Fax#: director@namiofci.org

*Fees: None*

*Service Area: Story County and surrounding areas*

*Office Hours: call for an appointment*

*Eligibility Requirements: None*

*Information: Provides education, support and advocacy for persons with mental illness and their family members. Educational classes & weekly support group in Ames.*

#### Mental Health Treatment

National Alliance on Mental Health-Mental Health Support-Ames

### Richmond Center

125 S 3rd St Suite 200

Ames, Iowa 50010

Business#: 800-830-7009 Fax#: 515-232-7491 omgr@midiowa.net

*Fees: Sliding scale, Accepts most insurances including Title 19 and Medicare*

*Service Area: Boone, Carroll, Green and Story Counties*

*Office Hours: Mon 8am-8pm, Tues/Wed/Thurs 8am-6pm, Fri 8am-4pm*

*Eligibility Requirements: None*



# Community Resource Catalog

Friday, December 30, 2016

## Mental Health

### **Richmond Center**

125 S 3rd St Suite 200

Ames, Iowa 50010

Business#: 800-830-7009 Fax#: 515-232-7491 omgr@midiaowa.net

*Fees: Sliding scale, Accepts most insurances including Title 19 and Medicare*

*Service Area: Boone, Carroll, Green and Story Counties*

*Office Hours: Mon 8am-8pm, Tues/Wed/Thurs 8am-6pm, Fri 8am-4pm*

*Eligibility Requirements: None*

#### Mental Health Evaluation

Richmond Center-Mental Health Evaluation-Ames

#### Mental Health Treatment

Richmond Center-Mental Health Medication-Ames

Richmond Center-Mental Health Treatment-Ames

### **Second DCS-Ames Probation/Parole Office**

509 Main St

Ames, Iowa 50010

Business#: 515-232-1810 Fax#: 515-232-1814

*Fees: None if DOC client; BEP \$22 per session.*

*Service Areas: Boone, Carroll, Greene and Story Counties*

*Office Hours: M-F 8:00am-4:30pm*

*Eligibility Requirements: None if DOC client*

#### Mental Health Medication

IMCC-TeleMed Psychological Services-Ames

### **Story County Community Life Program**

104 S Hazel Ave

Ames, Iowa 50010

Business#: 515-956-2640 Fax#: 515-956-2601

*Fees: None*

*Service Area: Story County*

*Office Hours: M-F 8:30am-4:30pm*

*Eligibility Requirements: Mental or Physical Disability, Story County resident*

#### Dual Diagnosis Program

Story County Community Life Program-Jail Diversion Program-Ames

## Reentry

### **Second DCS-Ames Probation/Parole Office**

509 Main St

Ames, Iowa 50010

Business#: 515-232-1810 Fax#: 515-232-1814

*Fees: None if DOC client; BEP \$22 per session.*

*Service Areas: Boone, Carroll, Greene and Story Counties*

*Office Hours: M-F 8:00am-4:30pm*

*Eligibility Requirements: None if DOC client*

#### Reentry

Day Program-Reach In Services-Ames



# Community Resource Catalog

Friday, December 30, 2016

## **Sex Offender**

### **Richmond Center**

125 S 3rd St Suite 200

Ames, Iowa 50010

Business#: 800-830-7009 Fax#: 515-232-7491 omgr@midiaowa.net

*Fees: Sliding scale, Accepts most insurances including Title 19 and Medicare*

*Service Area: Boone, Carroll, Green and Story Counties*

*Office Hours: Mon 8am-8pm, Tues/Wed/Thurs 8am-6pm, Fri 8am-4pm*

*Eligibility Requirements: None*

#### Sex Offender Individual Treatment

Richmond Center-Sex Offender Individual Counseling-Ames

Richmond Center-Sex Offender Individual Counseling (Marshalltown)-Ames

### **Second DCS-Ames Probation/Parole Office**

509 Main St

Ames, Iowa 50010

Business#: 515-232-1810 Fax#: 515-232-1814

*Fees: None if DOC client; BEP \$22 per session.*

*Service Areas: Boone, Carroll, Greene and Story Counties*

*Office Hours: M-F 8:00am-4:30pm*

*Eligibility Requirements: None if DOC client*

#### Sex Offender Continuing Care

Sex Offender-Aftercare Group-Ames

S.E.T.S.-Significant Others Group-Ames

#### Sex Offender Group Treatment

Sex Offender-Group-Ames

#### Sex Offender Individual Treatment

Sex Offender-Individual Treatment-Ames

#### Sex Offender Polygraph Test

Sex Offender-Confirmatory Polygraph-Ames

Sex Offender-Maintenance Polygraph-Ames

Sex Offender-Sexual History Polygraph-Ames

Sex Offender-Specific Issue Polygraph-Ames

#### Sex Offender Psychosexual Evaluation

Sex Offender-AASI 3-Ames

Sex Offender-ABID-Ames

### **Second DCS-District Wide Services**

510 5th St PO Box 623

Ames, Iowa 50010-0623

Business#: 515-232-1511 Fax#: 515-232-9453

*Fees: Group-\$20.00 per session; Fees vary per test and services.*

*Service Area: Second Judicial District, 22 counties in North Central Iowa*

*Office Hours: M-F 8:00am-4:30pm*

*Eligibility Requirements: DOC Client; must be approved for admission by SOTP Team.*

#### Sex Offender Polygraph Test

Sex Offender-Sexual History Polygraph-Out of District

Sex Offender-Specific Issue Polygraph-Out of District

Sex Offender-Maintenance Polygraph-Out of District

# Community Resource Catalog

Friday, December 30, 2016

## Sex Offender

### **Second DCS-Sex Offender Services**

510 5th St

Ames, Iowa 50010

Business#: 515-232-2663

Fax#: 515-232-2766

*Fees: Group-\$20.00 per session; Fees vary per test and services.*

*Service Area: Boone, Carroll, Greene and Story Counties*

*Office Hours: M-F 8:00am-4:30pm*

*Eligibility Requirements: DOC Client; must be approved for admission by SOTP Team.*

#### Sex Offender Group Treatment

Sex Offender-Group-Special Needs-Ames

Sex Offender-S.T.E.P.-Short Term Education Program-Ames

#### Sex Offender Psychosexual Evaluation

Sex Offender-Psychosexual Assessment-Ames

# Community Resource Catalog

Friday, December 30, 2016

## Substance Abuse

### Alcoholics Anonymous

Ames, Iowa 50010

Business#: 515-232-8642 or 51 Fax#: coffaa@aol.com

Fees:

Service Area: visit [www.aa.org](http://www.aa.org) or [www.amesaa.org](http://www.amesaa.org) for meeting informations

Office Hours:

Eligibility Requirements:

#### Substance Abuse Support Services

AA-Substance Abuse Meetings-Ames

AA-Substance Abuse Meetings-Boone

### ASAP of Ames

207 Stanton Avenue

Ames, Iowa 50014

Business#: 515-598-9700 Fax#: 515-598-9700 asapandrios@aol.com

Fees: Varies per service

Service Area: Marshall, Polk and Story Counties

Office Hours: M-F 8:00am - 5:00pm; evening, Sat and Sun by appointment only

Eligibility Requirements: No one under the age of 12 years will be admitted for treatment.

#### Substance Abuse Evaluation

ASAP of Ames-Substance Abuse Evaluation-Ames

#### Substance Abuse Outpatient Treatment

ASAP of Ames-Substance Abuse Outpatient Treatment-Ames

### Barclay and Associates

1525 Airport Road Suite 101

Ames, Iowa 50010

Business#: 515-292-3023 Fax#:

Fees: \$205 per 5 week group session, \$245 per 5 week individual session

Service Area: Boone and Story counties

Office Hours: Vary, call for appt.

Eligibility Requirements: Court ordered or staff recommendation for Anger Management.

#### Substance Abuse Evaluation

Barclay and Associates-Substance Abuse Evaluation-Ames

#### Substance Abuse Outpatient Treatment

Barclay and Associates-Substance Abuse Counseling-Ames

### Community & Family Resources

1619 S High Ave

Ames, Iowa 50010

Business#: 515-232-3206 Fax#: 515-232-3780 SteveS@cfrhelps.org

Fees: Sliding scale based on income, accepts most insurances and Title 19

Service Area: Story, Boone counties

Office Hours: M-F 8:30am-4:30pm

Eligibility Requirements: substance and/or gambling addiction; For "Access to Recovery"-Screened for eligibility, SA Eval in last year, At or below 200% poverty, 18 yrs or older, IA resident

#### Substance Abuse Continuing Care/Aftercare

CFR-Access to Recovery-Ames

CFR-Substance Abuse Aftercare Group-Ames

#### Substance Abuse Education

CFR-Drinking Drivers School-Ames

# Community Resource Catalog

Friday, December 30, 2016

## Substance Abuse

### Community & Family Resources

1619 S High Ave

Ames, Iowa 50010

Business#: 515-232-3206

Fax#: 515-232-3780

SteveS@cfrhelps.org

*Fees: Sliding scale based on income, accepts most insurances and Title 19*

*Service Area: Story, Boone counties*

*Office Hours: M-F 8:30am-4:30pm*

*Eligibility Requirements: substance and/or gambling addiction; For "Access to Recovery"-Screened for eligibility, SA Eval in last year, At or below 200% poverty, 18 yrs or older, IA resident*

CFR-Substance Abuse Education-Ames

#### Substance Abuse Evaluation

CFR-Substance Abuse Evaluation-Ames

#### Substance Abuse Outpatient Treatment

OWI Offender Program-Ames

CFR-Substance Abuse Extended Outpatient Treatment-Ames

CFR-Substance Abuse Outpatient Treatment-Ames

CFR-REACH Program-In Jail Treatment-Ames

CFR-Substance Abuse Intensive Outpatient Treatment-Ames

CFR-Substance Abuse-Co-Occurring-Ames

### Creative Counseling Services

208 5th St.

Suite 103

Ames, Iowa 50010

Business#: 515-233-1699

Fax#: 515-233-2957

*Fees: Evaluations-\$125, Individual Appts.-\$110/per hour, 90 minute groups are \$82.50, insurance accepted.*

*Service Area: No restrictions.*

*Office Hours: 8:00AM-5:00PM, Mon-Fri*

*Eligibility Requirements: Recommended for Extended Out-Patient treatment or Continuing Care.*

#### Substance Abuse Continuing Care/Aftercare

Creative Counseling Services-Substance Abuse Continuing Care Treatment-Ames

#### Substance Abuse Evaluation

Creative Counseling Services-Substance Abuse Evaluation-Ames

#### Substance Abuse Outpatient Treatment

Creative Counseling Services-Substance Abuse Outpatient Treatment-Ames

# Community Resource Catalog

Friday, December 30, 2016

## Substance Abuse

### **Des Moines Area Community College-Hunziker Center**

1420 S Bell Ave

Ames, Iowa 50010

Business#: 515-663-6700

Fax#:

webmaster@dmacc.edu

*Fees: \$107 per credit hour*

*Service Area: Open to anyone who meets admission requirement (see Ankeny location for BEP services)*

*Office Hours: M-F 7:30am-4:00pm*

*Eligibility Requirements: High school diploma or equivalent*

*DENTAL SERVICES: Offers dental services at reduced prices. Provides cleaning, x-rays and sealant services (no fillings) in Ankeny. Reduced rates for Medicaid patients (\$3 each for cleanings and sealants). Call 515-964-6280 to make an appointment.*

*IOWA NEW CHOICES PROGRAM: 515-248-7520 or 800-362-2127 opt 6 x 752. Room 124, BOONE. M-Th 8:00am-4:30pm. Assists in determining career options by providing career, academic, pre-entrainment & financial counseling. Gives referrals and workshops as well as assistance for child care & transportation for eligible individuals.*

#### Substance Abuse Education

DMACC-Drinking Drivers 12 Hour Program-Ames

### **Eyerly Ball Mental Health**

2521 University Blvd.

Suite 121

Ames, Iowa 50014

Business#: 515-598-3300

Fax#:

*Fees: \$165/unit for therapy intake, \$200.44/unit for medications intake, meds check \$104.86 per unit; group \$107.44 per unit. They have a sliding scale fee and accept Medicaid/Medicare but no private insurance (at this time).*

*Service Area: Boone and Story counties*

*Office Hours: Monday-Friday, 8:00AM to 4:30PM; Doctor on site Monday-Thursday, 8:00AM to 6:00PM*

*Eligibility Requirements: Mental Health referral*

**24 HOUR CRISIS PHONE: 515-290-3642**

#### Substance Abuse Evaluation

Eyerly Ball Mental Health-Substance Abuse Evaluation-Ames

#### Substance Abuse Outpatient Treatment

Eyerly Ball Mental Health-Substance Abuse Outpatient Treatment-Ames

### **Narcotics Anonymous**

Ames, Iowa 50010

Business#: 818-773-9999

Fax#:

fsteam@na.org

*Fees:*

*Service Area: visit [www.na.org](http://www.na.org) for meeting information*

*Office Hours:*

*Eligibility Requirements:*

#### Substance Abuse Support Services

NA-Substance Abuse Meetings-Ames Area

# Community Resource Catalog

Friday, December 30, 2016

## Substance Abuse

### **Second DCS-Ames Probation/Parole Office**

509 Main St

Ames, Iowa 50010

Business#: 515-232-1810 Fax#: 515-232-1814

*Fees: None if DOC client; BEP \$22 per session.*

*Service Areas: Boone, Carroll, Greene and Story Counties*

*Office Hours: M-F 8:00am-4:30pm*

*Eligibility Requirements: None if DOC client*

#### Substance Abuse Education

Second District-COLORS Random Drug Testing-Ames

### **Youth and Shelter Services**

420 Kellogg Ave

Ames, Iowa 50010-1628

Business#: 515-233-3141 Fax#: 515-233-2440

*Fees: Vary (will not deny services due to inability to pay)*

*Service Area: Boone, Dallas, Greene, Hamilton, Humboldt, Marshall, Polk, Story, and Wright Counties*

*Office Hours: M-F 8:30am-5:00pm*

*Eligibility Requirements: None*

*FaDss(Family Development and Self-Sufficiency Program) Helps families who are reciving public assistance leave welfare behind with the partnership of a Family Development Specialist. Contact MICA for familes with head of household 26 years or older. Contact YSS for families with head of household under 26.*

#### Substance Abuse Evaluation

Youth & Shelter Services-Substance Abuse Evaluation-Ames

#### Substance Abuse Outpatient Treatment

Youth & Shelter Services-Substance Abuse Outpatient Treatment-Ames